



C O R E A X I S

BODY LANGUAGE

The Secret to Building Executive Presence



Can Body Language Help You Reach Your Full Potential?

Imagine if you had a mirror that showed your body language, would you be surprised by what you see? Learn how to command a room and convey a strong message without saying a word. A simple handshake can reveal a sense of confidence and power. Basic gestures can have a dramatic impact on how you think, feel and act. Mastering body language will provide you with the skills to project poise and a high level of emotional intelligence, pick up on social cues, the ability to influence in times of crisis, and build strong relationships with colleagues and clients.

How You Will Benefit

- Form instant connections with powerful first impressions
- Enhance your confidence through strong power poses
- Learn proven gestures to influence and negotiate
- Strengthen your business and personal relationships
- Communicate with authority and create a following

WHO SHOULD ATTEND

Individual contributors and managers seeking greater influence and authority within their organization and aspire to be more effective with internal and external clients by mastering proven communication techniques.

DIANE WILBUR

Executive Coach & Speaker



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508-485-8660

info@coreaxis.com

coreaxis.com

@coreaxis

https://www.linkedin.com/company/coreaxis-consulting

http://www.facebook.com/coreaxis

Diane Kelley Wilbur,

Executive Career Coach

Diane Wilbur is an Executive Career Coach and Leadership Consultant who is passionate about helping others achieve their personal best. For more than 20 years, Diane's focus on Talent Development has helped hundreds of professionals succeed in the workplace and impact organizations in a powerful way. She coaches many alumni with career transitions and teaches Leadership topics as an Adjunct Faculty member at Bryant University.



As a highly engaging keynote speaker and classroom facilitator, she shares her personal stories of failures and setbacks that led to her career transformation. She began her career as a CPA and eventually found her strengths were with people, not with numbers. When she took the journey to become a salesperson at Fidelity, she eventually became a top producer and President's Club honoree. Her accomplishments were recognized as she progressed through sales management, earning the Sales Management Excellence Award and eventually led to her role as the Director of Human Resources.

Diane provides customized cutting-edge programs on "soft skill" topics such as personal branding, executive presence, communication skills and emotional intelligence. Diane combines her extensive experience as an executive coach to illustrate stories that reinforce the content by addressing real challenges in the workplace. Diane's practical experience and direct approach is what sets her apart, giving her the ability to connect with leaders at all levels. Her expertise, energy and passion result in a learning experience that will surpass your expectations.

Her client list ranges from small businesses to Fortune 500 companies including:



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